



**Saltaire Stories**  
Past, Present and Future



# A Model Village

What do we need for a healthy life?

## National Curriculum links:

**Science:** Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

**History:** Significant historical events, people and places in their own locality



**Saltaire Stories**  
Past, Present and Future

## Model Village: What do we need for a healthy life?

### National Curriculum Links:

**Science:** Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

**History:** Significant historical events, people and places in their own locality

### Lesson Idea:

Discuss with the children what they think people need for a happy, healthy life. Guide them onto ideas such as food and drink, shelter, exercise, education, friends, transport, healthcare.

Where do people get these things today?

Give each group the different sheets with headings on them (if children come up with other needs add other sheets with these written on).

Ask children to cut out the different buildings and decide which category they fall into. Give children multiple copies of each building as some might fall into more than one category (e.g. school might cover education and friends). Invite any who are able to write on other places they might go for each of these things.

Ask children what they know about Saltaire. Explain it was built around 150 years ago by Titus Salt. The idea was to build a village with everything people needed in one place. When they visit, they will see the different buildings in Saltaire and how Titus designed it to give his workers everything they might need.

If you were Sir Titus, what would you build?

### You will need:

[Saltaire Buildings](#)

[Building Categories](#)

Scissors

Glue

### Further Lessons:

This lesson could be followed by a visit to Saltaire. Our children's Discovery Trail provides an enjoyable activity that guides children around each of the main buildings in the village.

### Further Reading:

**Alderson, W. E.** (1988) Salt & Saltaire

**Reynolds, J.** (1983) The Great Paternalist - ISBN: 0-85117-230